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Spandana Foundation

Cheyutha Execution Document

*Help spread the divine gifts of health and life,
by donating to the needy patients going under the knife!*

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1. Project Background

Cheyutha program by Spandana is to concentrate on health, nutrition, general care and rehabilitation for disadvantaged groups which includes rural population, orphans, senior citizens, the homeless and the physically and mentally handicapped. The overriding objective of Spandana is to provide better health conditions, create awareness on health & diseases and provide Medicare where required any where in India but focused in the state of Andhra Pradesh & Maharashtra. In this program, Spandana involved in the following activities

Critical financial help to recover from health issues: Helping the financially disadvantaged individuals who are suffering from high risk deceases like heart problems, HIV/AIDS, Cancer etc. This is only to an extend of providing a grant for the patient to obtain the medical aid to get the cure.

Health Camps: Organizing health camps in the rural villages (at schools & main village community centers), to treat those patients who are unable to travel. Doctors, Medical Associate and pharmaceutical companies from local areas will provide their support in terms of supplying medicines and medical equipments at reduced cost.

Mobile Hospital: Lots of villages are far from the reach of the good hospitals. Even if they are ill, they do not show to the doctor due to socio-economic back-ground. Sometimes local Public health Centers (PHC) do not visit the rural villages to treat the patients. The Mobile Hospital will have basic minimum equipment and trained nurse who can visit the villages once in 2 weeks and diagnose the illness and suggest for treatment, inform the local PHC to take the necessary steps in treating the patients. Some case patients may be provided with necessary financial support for the treatment.

Training Local Women and Volunteers as Health Promoters: Self Help is better solution to resolve most of the issues. Spandana would like to work towards training and providing education to house-wives and local volunteers from the village to make them, Community Health Promoters (CHP). These women will be trained on health behavior, health education, and illness, assessment of basic need of the community, neonatal care, child illness, family planning, safe motherhood and routine immunization. This Volunteer will help in conduction the Mobile Hospital once they are trained.

2. Introduction

Spandana has unveiled an ambitious plan to help hundreds of poor and unhealthy people from rural area every year as part of Cheyutha project. Spandana's Cheyutha project is exclusively designed to make a difference in the lives of poor and unhealthy peoples. Spandana is planning to conduct the Health Camps and Constructing the Mobile Hospitals in Rural where the Health Facilities are not provided. In India, there are lots of rural areas which don't have proper Health Facilities, Spandana want to reach those places and also the places which needs Health Camps.

3. Objectives

Primary objectives of Cheyutha are to:

- Help poor and needy people with the Medical facilities, treatments in rural areas.
- Conduct frequent Medical Camps and provide medical help.
- provide the Medical Training to Local Women and Volunteer and promote the community Health.
- Assist and encourage Local Volunteers to Conduct the Medical Camp and provide the Medical Help.
- Make a positive difference in human lives by providing Medical help.

4. Eligibility

Who is Eligible?

- All rural area where medical facilities are not available or places where poor people cannot afford the medical treatment the camps would be conducted.
- Areas where infectious deceases are spreading and where medical need is essential for the healthy humanity.
- Individuals who are very poor and who can not offered to get any medical aid with out any external financial support.

Who is not eligible?

- People who can afford the medical treatment

5. Selection Process

Spandana have a committee to execute and assist any requests under Cheyutha project. Cheyutha team will evaluate the requests from volunteers or from individuals and decide the process to scope of the Spandana's involvement.

6. Sponsorship

You can make a difference! We need support from individuals like you. There is no membership fee to join Spandana. But, we encourage voluntary donations from people who want to make a BIG difference in

poor lives with their contributions. You may donate any amount for Spandana's Cheyutha project. It can be as low as \$10. You can also choose monthly donation so that Spandana can spend the remaining amount from its "Emergency Fund". You can sponsor one Medical Camp or donate part of the money. We strongly believe that we can collectively make a difference to our country by helping the needy and poor people with Medical Help.

7. Feedback & Review

After every Medical Camp we will provide the details on Number of people been helped in the Medical Camp, Number of Doctors attended and total budget and others details. Each Medical Camp will be assigned one Spandana Coordinator who will take care of the activities from start to end. We will get the details of the Camp and upload on the web. Spandana will also keep track all the activities and events of the Medical Camp.

8. Leadership

Spandana is a non-profit charity organization deeply involved in helping poor and needy people of Andhra Pradesh to make a positive difference in their lives. All of us have the ability to make a difference in someone's lives back home. Spandana has been started with this sole purpose two years ago as charitable trust and is striving hard to make a difference in education, health care and better living of poor and needy. Spandana has made significant impact in these areas for the past two years. Spandana helped lot of poor students to pursue higher studies, supported expensive surgeries for people with poor economic background and organized health camps in rural areas. This year, the trust had developed ambitious action plans to adopt government schools (Vidyalaya), adopt poor students (Pratibha), help the homeless (Aashraya) and support poor people financially for health care (Cheyutha) there by making a difference in others lives.

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